**TRANSCRIPT**

**Solarkidd:** [00:00:00] Yo what's up, people. Welcome back to the Other Side of the Sun Podcast. This is the solarkidd, and today I have my good friend, Adam Popli and, uh, yeah. He is a illustrator, visual artist. Tell me if I'm giving you a wrong introduction.

[00:00:22] **Adam Popli:** [00:00:22] No, I kind of say like a new age visual artists,

[00:00:26] **Solarkidd:** [00:00:26] New age visual artists. Yeah, environmental activist?

[00:00:30] **Adam Popli:** [00:00:30] Yes. For sure.

[00:00:32] **Solarkidd:** [00:00:32] Yeah. So, and, um, yeah, new age, visual artists there. So that like kind of encompasses many different disciplines, right?

[00:00:40] **Adam Popli:** [00:00:40] Yeah. Well I think it's hard, you know, nowadays kind of referring to, it's just an artist like art involved at the moment, so many different attributes. So I don't think it's fair to say kind of I'm a photographer or I'm a climate change activist. Because I'm looking at new way perceiving art. So that's why I go with the new age visual.

[00:01:04] **Solarkidd:** [00:01:04] So a multimedia venture capitalist?

[00:01:08] **Adam Popli:** [00:01:08] I hope the money comes in, bro.

[00:01:15] **Solarkidd:** [00:01:15] No, but I mean just a little bit of background. Basically. I met Adam on the theatre production that we were both sticking for Marv Radio. He was in a previous podcast, check that out. Um, and it was the Mantra theater production at the RADA studios in London. And, um, yeah, I remember just like from the day I met you, I just felt like I knew you, man.

[00:01:41] I just felt like calm. Like, yeah. I just felt like we've always been. and it just kind of went on from there. I just felt comfortable with you. We worked together. We did an amazing, um, I did the sound and you did all of the visuals and stuff for Marv's project and it was a really good experience and how we kind of connect.

[00:02:00] **Adam Popli:** [00:02:00] Yeah. It's a blessing from the universe, bro.

[00:02:03] **Solarkidd:** [00:02:03] Yeah. Yeah, definitely. Man. So you want to tell me like a bit about, uh, some people obviously may not know about your background, I'm sure. In life as well.

[00:02:15] **Adam Popli:** [00:02:15] Yeah. So, I mean, I studied at the arts university in Beaumont. Um, I studied digital media production and I think going into that, I knew I was gonna approach my degree with kind of an open book.

[00:02:28] Um, so it was time for me to kind of experiment and find kind of my direction as an artist. Um, I think it was quite tricky because I guess. Coming from school and coming from a Catholic school, I never had a lot of support being an artist. And then coming into university, I also had kind of a very similar experience.

[00:02:51] Um, my course is kind of tailored towards people who were either doing music production. Or they have that kind of genre of where they stayed, whereas I was doing bits of everything. So my course had no idea how to structure..

[00:03:06] **Solarkidd:** [00:03:06] Kind of a new course, like in the curriculum was it's like something new that they've developed?

[00:03:10] **Adam Popli:** [00:03:10] Yeah. I mean, it was digital media production. So I mean, you would hope coming in with a new course like that. That you would facilitate the, kind of the openness for dialogue in the visual language and the digital language. Yeah. Because it's

[00:03:26] **Solarkidd:** [00:03:26] Yeah because its quite a broad field. Isn't it?

[00:03:28] **Adam Popli:** [00:03:28] Yeah, well, it was just, I don't know. I think university I've found is like, it's almost like a status thing, you know, and I felt like coming from school, and my background I was always taught, go into university. This is what you do to be successful. Um, and looking back on it now, to be honest, I don't even know if I needed to go to university, you know.

[00:03:54] **Solarkidd:** [00:03:54] I think, I think in Europe, definitely you do. I mean, like coming from South Africa, like I had to go in order to stay. And also I noticed a large percentage of people who were actually had degrees, even if they weren't like very bright,

[00:04:11] I was like, yo, everyone's got degrees here. I was like, what's going on? You know, whereas in South Africa it's quite a priviledged thing, you have to first of all, either be super clever to get bursary. Or like general people can't afford to go to university. Whereas over you, you can even just get general courses, general degrees, stuff like that.

[00:04:28] It's like, it's an easier transition into this. I mean, for me, I would say that piece of paper does hole alot of weight, but I understand where you're coming from in terms of like art and art, it doesn't really. Mean anything its like a piece of paper.

[00:04:42] **Adam Popli:** [00:04:42] yeah. I think as well for me, I think it ties you into the system because with the debt that I've now got, that's going to be lingering over my head now until I can afford to pay it off.

[00:04:54] Yeah. So that's, that's kind of the tangent that I was coming at is like, to me, was it the best thing? And should I have a bit more mentorship, mentorship when I was younger to be like, actually, if you want to be an artist, this is what you can do instead. Whereas I followed the whole uni thing and now I'm like,

[00:05:11] **Solarkidd:** [00:05:11] yeah. And the thing is, if you had found a good mentor, they would have taught you how to be an entrepreneur, you know, and you'd have probably been.. gone straight in and start earning money from your art, instead of now, like now you have to pay back for this tertiary education.

[00:05:29] **Adam Popli:** [00:05:29] Yeah. So that's that side thing. I mean, I, I, I loved the whole experience and it's made me who I am today. So, and the projects I was able to do, and I think actually fundamentally as an artist, it made me who I am today. Uh, Um, and there's just even, you know, projects that I was doing then, and I'm kind of coming back to now to reassess from a different perspective. And how can I, how can I broaden that horizon of what I did to now step forward, you know, and upwards. So, no, it was a beautiful, it was a beautiful process.

[00:06:05] **Solarkidd:** [00:06:05] when did you finish?

[00:06:07] **Adam Popli:** [00:06:07] I finished in, um, Oh my God. 2015. Wow. Five years ago,

[00:06:13] **Solarkidd:** [00:06:13] five years ago. And what's it been like since then?

[00:06:17] **Adam Popli:** [00:06:17] A roller coaster to be quiet. I mean, it's just, it's been, it's not been easy. It's not been easy, but it's been, um, it's been incredible, I think. Do you know what now since be in the whole covid things kicked off. I think it's given me a hell of a lot of time to reflect, um, re-gather thoughts, plan my new direction. And I think it's actually looking back at everything I've achieved since university I'm proud of myself. I really did hustle hard.

[00:06:47] And I think that's one thing I always have to give myself credit for because I kind of feel sometimes in London you don't give yourself enough credit for the amount that you've done. So I think that reflection time has given me time. Yeah, man, five years.

[00:07:09] **Solarkidd:** [00:07:09] I mean time in London. Yeah. He just always seems to just like, I mean, up until the covid thing hit it just like, it just always seems like it's moving so quickly, man. And I notice it more when I go abroud, like when I come back, when I go abroad time, seems like, kind of stand still. Even if it's like a week or two or something. And the minute you've come back to London, it's like, ping ping ping 3G 4G's on there's messages, emails, blah, blah, blah. Next thing you know, it's like five months later. Like I went on holiday how long ago?

[00:07:41] **Adam Popli:** [00:07:41] but I think it actually made it. I think it brings you down to the point of like, okay then how, if I'm living in such a fast paced city. What can I do to make sure that I hold my own time? And that's what I'm doing at the moment, really going back into like meditation and like breathing exercises to just take my own time back.

[00:08:03] **Solarkidd:** [00:08:03] Yeah.

[00:08:05] **Adam Popli:** [00:08:05] It's weird. It's been a weird experience, but it's been enlightening. That's I think the best thing about it.

[00:08:12] **Solarkidd:** [00:08:12] No, I mean, definitely. I think a lot of people in this time would probably. Go the, either of two extrems, is either go inward reflection and, um, you know, meditation or that kind of thing. Or they probably just do more of the bad things that they usually do to themselves.

[00:08:30] You know, like self harm I'm, like, not in terms of like. Probably if they drink, they probably just been drinking loads. You know what I mean? It's like, I mean, whatever. Whereas a lot of people, I think in this time, are probably. Being forced to do that, you know, just like self-reflect, you know,

[00:08:48] **Adam Popli:** [00:08:48] well, to be totally honest, if I'm out of the beginning of, COVID I had to take a real close look at my old habits because I was going through self destruct and are like, actually this isn't the life I want to lead anymore.

[00:09:01] And you know, I want to set my aspirations a lot higher and move forward. On a more conducive journey to where I want to be not waste time. And I do honestly think since the whole covid's given people this time, you either use it for your benefit, or actually some people are suffering. A lot of people I know who are suffering.

[00:09:20] And the scariest thing in the past couple of weeks is for me hearing the increase in suicide rates, that for me

[00:09:27] **Solarkidd:** [00:09:27] Yeah mental health issues.

[00:09:29] **Adam Popli:** [00:09:29] Yeah. Some people just don't have the support or don't have, you know, You can't reach out. And I, that that's, that's sad as humanity. We've reached a point that that's the case, you know?

[00:09:42] **Solarkidd:** [00:09:42] No, I mean, I thought about, I think about that a lot. Like, I mean, imagine people are in abusive relationships or, you know what I mean, and stuff, and now you're being forced to stay at home with this fucko person. Who's like, you know, abusing you constantly and you have to be around this person all the time.

[00:09:58] **Adam Popli:** [00:09:58] Yeah.

[00:09:59] **Solarkidd:** [00:09:59] It doesn't surprise me that suicide rates have gone up, you know,

[00:10:03] **Adam Popli:** [00:10:03] Yeah, but, you know, I think it's, it makes people, it should. And I hope it makes people think as a society then what is society? And we doing wrong as humans to kind of look at this situation and analyze it and give people a different way of, you know, living their lives instead of feeling that that's the only resort they have.

[00:10:23] Um, and you know, I think it's, I've even as part of my journey, Looking at how I can maybe use my art for doing art therapy or helping people through kind of, you know, the more spiritual way of things to bring in light into their lives, in whatever shape or form that might be.

[00:10:41] **Solarkidd:** [00:10:41] Yeah. That's cause that actually leads into my next question. Cause I was going to say we'll touch on spirituality, but I wanted to understand a bit about your, you know, the art up until this point in your process. But then I suppose if you can take us from. What your art was like and is and where it's going, and then we can delve a bit more into,

[00:11:01] **Adam Popli:** [00:11:01] yeah, for sure. So when I was in university, I kind of concentrated on climate change and a lot of my journey is around climate change. So I'd done a climate change performance in iceland as my final major. So I just kind of, it was really weird. I had a dream that I needed to go to Iceland. I saw everything in the dream that I needed to record this climate change video almost as like a real act of protest against, you know, the, the oil companies and these people who are destroying mother earth.

[00:11:32] And I said to my true, and I said, look, I know you're going to think I'm crazy, but I just booked a ticket to Iceland. And he was like, uh, and I was like, there's nothing really, you can say now. Cause it's done. So I'm going. Um, and it was just, it was almost serendipitous the way that the whole journey happened, I was able to find rubbish that was dumped in the landscape. So I performed on this rubbish and. Went to, you know, the glassy lagoon went into the lagoon, almost caught hypothermia, just this crazy performing in a live like, yeah, it was really like healing.

[00:12:13] And I was just like, after it all happened, it went so quick and I was on the plane home and I was like, wait, what just happened? Like what just happened? And then I came back and then this thank goodness. This guy connected with a uni, produced a track for me, done the edit there, got the edit done. And it was just like, it was something otherworldly, but kind of stepped in almost like my higher, my highest self stepped in was I, this is what's going to happen.

[00:12:39] And this is how its going to happen. And I used that beacon of light to navigate, I guess. Um, and yeah, the moving from there on its fighting against a commercial art gallery world to find my voice. Um, so everything I've kind of, then I lead it. I led on to kind of doing a publication with, um, a couple of my friends called The Earth Issue and. We kind of set that up and, you know, I'd done what I needed to do in that process.

[00:13:11] And that was brilliant. And now they're doing really good things, but you know, I have to take myself out of that journey because I've done whatever I needed to do in that piece. Um, and then from there, I guess kind of, you know, I lost my direction for a couple of years cause I went into the corporate world of money and. Got sucked into like, okay, well forget about your art now it's time to earn money.

[00:13:33] Money, baby.

[00:13:35] Yeah.

[00:13:39] But yeah, I'm, I'm I'm I don't want to say like, because I hate saying that I have regrets but to certain extent. I do regret making that decision because you know, I lost myself for two years. It also really affected my mental health. And it was two years of my life that I, I was not creating an after university was over.

[00:14:02] It was, I had done so many things and done the exhibitions and traveled to California and done a documentary there of artists to find inspiration for myself, me and people like Those Green for goodness sake. You know, these, these people in the industry have given me so much inspiration, but I was listening to kind of what society tells you to do. And. Yeah.

[00:14:29] **Solarkidd:** [00:14:29] Yeah. Conformity! pay the mortgage. pay the bills. I mean, like you say, you say it's a regret, but like you have to lose yourself in order to find yourself again, in those dark moments that you have to really go to the depths of your soul before you can find, you have to like. For me, I believe like you have to know darkness in order to. I mean, in order to truly experience the light, you know what I mean?

[00:14:58] Yeah. Like I wouldn't like if someone wanted to lead me to some new religion and they'd never like smoked a joint or like, did any drugs or anything, I'd be like a bit snuff, maybe not so extreme, but you know what I mean?

[00:15:09] **Adam Popli:** [00:15:09] Yeah, yeah, yeah.

[00:15:12] **Solarkidd:** [00:15:12] You kind of need

[00:15:13] **Adam Popli:** [00:15:13] It's about balance really, isn't it? I think that's what it taught me. It's the essence of balance.

[00:15:18] Yeah,

[00:15:20] I guess it's that ying to yang. You have to understand your darkness to find your light. And I think that's what I was trying to avoid was avoid the darkness so much. But when the darkness hit me, I was like, Oh gosh,

[00:15:32] **Solarkidd:** [00:15:32] Because it never leaves you. You know? I mean like the darkness is always there. hovering about waiting for your weak moments, waiting for your down moments, waiting for you. In your least, no matter how much you grow spiritually, it's always there. You know what I mean? Just learning to balance those energies, you know? And obviously like a friend of mine somewhere its depedning which wolf you feed more constantly do you know what I mean? Yeah. It gets bigger basically. Yeah. Yeah. Well, the other wolf doesn't disappear. It stays there. tryna snap at your heels. Whenever it can.

[00:16:04]**Adam Popli:** [00:16:04] Yeah. And I think it was just, I think it was overpowering when it caught me so off guard. And then I was like in, in downturn and I was like, okay. I just gave myself all up to it and. And that I think has been, was probably one of the hardest processes of my life I've been through to date, because I was coming. Then after that whole period of being in the corporate world, I knew, I was like, okay, this is not for me. And things got quite dark in that world. So I then went back to my art and

[00:16:40] **Solarkidd:** [00:16:40] I think I met you just as you were coming out to the corporate world.

[00:16:44] **Adam Popli:** [00:16:44] Yeah. Yeah. You did the ma I think Marv's project was the second project after I left that job. And I mean, you could see, man, I was, I was doing the project, but also I wasn't fully there, which saddened me because it was like, I was trying to find that belief that I was good enough to do that again.

[00:17:03] So that was a, that was a hard journey to go through. But, um, from then it was just kind of then moving. Climate change is always going to be something that stuck with me. But then I think I was starting to explore my art then as like a queer man and understanding, okay. I'm actually finding my sexuality is something I want to explore through my art.

[00:17:24] And, you know, I think going into kind of the, the underground scene of the music scene and the under culture of london. Yeah. And started allowing me to see different ways I could express myself. And I was like, okay, Therapy isn't it?

[00:17:41] **Solarkidd:** [00:17:41] This bubble of what society. Yeah, yeah, yeah,

[00:17:49] **Adam Popli:** [00:17:49] yeah. Um, and yeah, I think it was just. Yeah, things started happening again. I noticed that things were aligning and I was like, okay, well now it's time my art needs its voice again. And, and it happens so magically that the way that things aligned, sometimes you just have to let them let them. Um, but I knew the darkness was still there, so it was, it was something that I was kind of contending with and making sure I tried to stay mentally aware of what was going on, but I knew it was always going to be something that if I didn't eventually come to terms with, it was just going to take me under.

[00:18:29] **Solarkidd:** [00:18:29] yeah. I wanted to actually ask you about it's about that because I find it really fascinating. I find, I find people and their stories fascinating and like, especially the story about, you know, the gay man who's stuck in the closet and then needs to find a way to express himself because.

[00:18:49] I'm sure. Pretty much in every society, unless you grow up in some like completely open society, which up until like recently, I don't think there were many, they probably off like pockets of places where people are just socially, like maybe San Francisco or some shit like that. But like like where I grew up. I mean, it was pretty homophobic and it took me a long time to overcome a lot of like perceptions I had about like, you know, people who were gay or whatever.

[00:19:14] And, um, yeah, like I remember your story as well, like it really kind of touched me as well. So I wanted to just talk a bit through all that. Like, like, like, I mean, I suppose, because as, as boys and I don't know about you, lots of guys are taught to be hard and to be this, and you know, you're not allowed to show your this side and don't cry and big boys don't cry and all that kind of shit.

[00:19:32] It's hard. Like, you know,

[00:19:34] **Adam Popli:** [00:19:34] Yeah. And I think because as well, I guess it's also a culture of being mixed race. My mom's Catholic, my dad's Hindu, My mom grew up in Ireland. My dad was born in Katmandu and we have like other anyway, that's a whole nother story, Indian heritage and the Irish heritage.

[00:19:51] **Solarkidd:** [00:19:51] That's about,

[00:19:53] **Adam Popli:** [00:19:53] it's just a conundrum of like, they've grown up in a very like narrow minded.

[00:20:01] Mmm. And then narrow-minded view and, you know, being gay is totally wrong. So it's also, it's a beautiful thing that also my brother is gay, so we both have each other to help each other.

[00:20:13] not

[00:20:13] **Solarkidd:** [00:20:13] In hinduism really I think in hinduism its accepted like,

[00:20:17] **Adam Popli:** [00:20:17] no. No. I mean, you could probably see in the scriptures and it's evident that is that it's there but yeah,

[00:20:26] **Solarkidd:** [00:20:26] maybe more culturally than actually in terms of scripture, because I do know that, um, yeah, it must be, it must be more cultural thing as well.

[00:20:35] **Adam Popli:** [00:20:35] Yeah. Well, I dunno. It's just weird actually, because the Indian men have very like, A lot more kind of closey closey than Western man, you know, they're like, they're not afraid to hold hands and hug you

[00:20:46] **Solarkidd:** [00:20:46] It's an African thing as well. Africans hold hands and stuff like that. But I don't think it's on a very like, kind of, but yeah. I mean, I don't know. I suppose it's just this, I don't know what it is, man. Society, and their pre-conceptions and stuff.

[00:20:59] **Adam Popli:** [00:20:59] Yeah. So I think it starts to where it's been a fact. And I think because I'm the oldest son as well, I've always had, um, this expectation from my parents to bring, bring home the wife, bring home the kids.

[00:21:15] Sorry, one. I'm an artist, two I'm into men and three wow. Look at me.

[00:21:21] **Solarkidd:** [00:21:21] I'm sure you'd make a good dad, man.

[00:21:26] **Adam Popli:** [00:21:26] That's the kind of want to an army of dogs, man. That's my dream.

[00:21:34] **Solarkidd:** [00:21:34] Laughs

[00:21:36] **Adam Popli:** [00:21:36] wow. Yeah.

[00:21:38] **Solarkidd:** [00:21:38] Oh, no. I was just going to say, did that process take a long time? Like, were you undercover for a long time or like

[00:21:44] **Adam Popli:** [00:21:44] Well yeah! undercover for like three and a half years!

[00:21:47] **Solarkidd:** [00:21:47] Oh shit. Okay.

[00:21:49] **Adam Popli:** [00:21:49] So I actually convinced myself to the extent that I was, I was straight. And, and I just, yeah, I'm even thinking about that now. Cause my friends ask me about that now they were like why were you with a girl for three and a half and I was like, yeah, I know.

[00:22:09] But if you look a lot of people, actually, if you look at. Like not my, not my generation, but older generations. I'm not of the older generations only come out at like in their fifties. And that is so sad, you know, because then they have a wife and kids and they've. But they conform to this society construct. And then, you know, that that wife is then broken hearted because you've been living a lie, our whole relationship. Then now that's where things get a bit like, Oh, that's really.

[00:22:44] **Solarkidd:** [00:22:44] Yeah. And I think, I think it's, I mean, nowadays it's, it's obviously changing and kids are much more aware of themselves and what's going on and stuff as well. So

[00:22:52] **Adam Popli:** [00:22:52] yeah,

[00:22:54] **Solarkidd:** [00:22:54] it's definitely changing in that respect.

[00:22:58] **Adam Popli:** [00:22:58] I'm still not out of it, man. I'm still discovering that. I've thank goodness. Got my, got myself to around where I'm like, okay, I've actually want to just go to therapy. And I'm in also there's like gay men's therapy, which is incredible because actually speaking to a gay man. I find because I went before to a kind of a straight therapist, but a gay therapist is a whole,

[00:23:19] **Solarkidd:** [00:23:19] because you can share similar experiences, isn't it?

[00:23:22] **Adam Popli:** [00:23:22] Yeah. And also he's ethnic as well. So that helps me because then you've got all the layers then ticked, you know, cause I, I feel if it was like a white therapist. She wouldn't, understand my journey being a mixed race man and a mixed race gay man, because it's very different to being a white gay man that, yeah.

[00:23:47] **Solarkidd:** [00:23:47] There's layers

[00:23:50] **Adam Popli:** [00:23:50] Let's peel back that onion, shall we! Okay. Well, it's, it's been beautiful. Finally come into a stage where you hold your own truth is one of the most magical experiences

[00:24:03] **Solarkidd:** [00:24:03] You look so centered these days you look really in tune. You're know what I mean, with your spirit. you seem

[00:24:10] **Adam Popli:** [00:24:10] yeah. And that's beautiful you say that. Cause our hope, I think it does when your spirit starts aligning, it comes across to people, especially people, you know, like. They can feel that from you

[00:24:24] **Solarkidd:** [00:24:24] when I met you, bro, you were like, you were, I could feel your, that you had a beautiful soul and you know, like a, a good energy, but you were like, you know, and I mean, you're still getting shit done. Don't get me wrong. Like you were on point doing your shit, but like I could just see the, there was loads going on there that needed to get worked out.

[00:24:47] **Adam Popli:** [00:24:47] I think as well, I think going back to my art, I actually like, I mean, without my art, I'm, it's not worth me living in this lifetime. Like my art is my everything, you know, without my art, I don't feel, I don't feel human. Like maybe it goes so deep. I think that's the thing at the moment that I'm really trying to, to hold true is how do I then facilitate this to, to carry on? You know?

[00:25:17] **Solarkidd:** [00:25:17] So did you

[00:25:19] **Adam Popli:** [00:25:19] uhm

[00:25:19] **Solarkidd:** [00:25:19] I saw you did a, was that your, with Alice Black? Was that like your first exhibition or was that with

[00:25:25] **Adam Popli:** [00:25:25] so Alice, I used to work with another gallery. She then went off and done her own journey and opened up her own gallery. Um, and yeah, she was basically, it was called the exhibition was Twilight of the Idols.

[00:25:39] Um, and it was an amazing exhibition where it's kind of established artists and up and coming artists. Um, but me and Alice have been in conversation for a while about, you know, me putting my work or in her gallery. And it came at the right time and

[00:25:59] Alice and I, um, so that was that that's for me. And it's weird that, that thing we're talking about with trying to make it as an artist in London. Cause for me, I've being with now, Cardi gallery (line breaks) I've achieved the top level of success actually isn't really because that's still a whole nother ball game, you know,

[00:26:22] **Solarkidd:** [00:26:22] Being with who sorry I think you just broke up

[00:26:25] **Adam Popli:** [00:26:25] with Cardi gallery in Milan and in London. So, um, my work got seen by an independent curator at the Royal college. Um, and then from that, she was just like, I want to get you a show and, um, yeah, she got me to show with Cardi. So it's just, it's nice now that I can then show, you know, look I've been with Alice Black, Cardi gallery, They've seen the I've got talent and it's things you almost have to tick off as an artist.

[00:26:55] **Solarkidd:** [00:26:55] It's the same thing. You always, you need validation as an artist and then in any, in any sphere of the arts, like, and I find you constantly proving yourself, like with me, anytime I get a new gig. Unless it's a client I've worked with or someone who knows me or knows my work. Like I have to prove myself again. You know? I mean, like, even if they've seen the reference as a stuff that I say, look, I've done this, but you still have to constantly prove to people like, yo I'm worthy.

[00:27:19] **Adam Popli:** [00:27:19] And that's a hard thing as well. Cause it, it, it, I mean it cuts at your ego sometimes. Wait, am I just not even good enough? And you doubt yourself, but you have to, no, you've been

[00:27:32] **Solarkidd:** [00:27:32] you've been doing it for like for years,

[00:27:36] **Adam Popli:** [00:27:36] like hello I've been doing this for like 11 years now. Like how long before you're just like, okay.

[00:27:42] **Solarkidd:** [00:27:42] Yeah, I know what the fuck I'm doing right now. You know I used to go through that all the time, man. No,

[00:27:50] **Adam Popli:** [00:27:50] but that's going back to the point. It's like holding your truth, you know? And like, knowing that you're doing the right thing, you don't, you don't need anyone to validate you. Cause if you can't validate yourself, then how can other people validate you? I guess.

[00:28:03] **Solarkidd:** [00:28:03] just in the same way, like when you align your spirit and your, that light shines through when people recognize that your balance its the same with your art, like once you. Stop trying to validate yourself and whatever, like more people actually gravitate to your work.

[00:28:20] I've known as like in the beginning, when I first started and I used to send them a mix to someone to listen to, I used to be like, Oh shit, they probably going to tell me that. And then I used to get all those feedback. Ah the vocals not loud enough! this that. But in the last five, six years, I hardly get much of that kind of feedback because I send it with such a energy and aura of confidence that I know what I'm doing, and I know exactly what I'm doing.

[00:28:41] If there are any changes, it's usually slight. And generally, instead of coming at it from an ego perspective, i'm like don't tell me, I mean, I think it should be like this, I'm more like, yeah. How can we, because I understand the nature of business, I'm actually working for a client. And I mean, they, they, my boss at the time, no matter who it is, like if it's an artist I'm working for them to create a project, I suppose with you it might be different because you creating your own, unless you you've been commissioned to do something.

[00:29:11] Yeah.

[00:29:12] **Adam Popli:** [00:29:12] I can relate to that. But also I think we have to look at the other stuff as well. Like the person who's bringing you on as an artist has to give you also a level of respect. So I think there's always, it's sometimes always goes like the person who's doing the work feels like, Oh my gosh, do I have to give? But actually it works two ways.

[00:29:31] And I think since COVID and people are realizing you can work from home, or you can do things from home and now employers and people who were employing you to, for your talent, they're showing a lot more respect or you felt like subordinate to them. And like, they're like, no, actually it's, it's two way, you know?

[00:29:51] And I think that's what I'm learning as well. Like I love that, you know, I have these exhibitions and like I'm blessed, but also I want to be totally independent. Because I don't want to have to give half of my profit to someone who is, you know, not actually at like, I don't know for me, that whole thing of, I would just love to be totally independant.

[00:30:12] **Solarkidd:** [00:30:12] is that how it works then? So like, if a gallery shows your work, they take a massive percentage.

[00:30:18] **Adam Popli:** [00:30:18] They take 50% bro okay. Yeah, of course it makes sense. It makes it make sense. Because that's like, you know, people who buy my work from me independently like for me independently, then they like, you know, the pricing thing is such a hard thing. Because it's like, you know,galleries they take away half your earnings and that is a really hard thing to stomach because it's like all of, yeah.

[00:30:49] **Solarkidd:** [00:30:49] All of your effort, all of your commitment for only half of the money, it's like,

[00:30:53] **Adam Popli:** [00:30:53] yeah

[00:30:53] **Solarkidd:** [00:30:53] where's the logic, there's no logic in it.

[00:30:56] And you basically just, you need the contacts and their people and the people that they bring in and whatever and all that?.

[00:31:04] **Adam Popli:** [00:31:04] Yeah. But you know, honestly, bro, I think it's the art world's changing. Because I think, especially being a person of color, we unfortunately don't have enough representation in that world.

[00:31:18] And that whole game has to fundamentally change. You know, I've worked with so many commercial galleries and I just, I despise it because it becomes, it becomes a money thing. It's actually not about talent. It's about money. Then there becomes this disillusionment of like what people think art should be.

[00:31:38] And I remember going to exhibitions and seeing exhibitions, what is, what is this crap? I was literally mind blown. Like, how is this stuffs one size.

[00:31:53] **Solarkidd:** [00:31:53] I stopped going to exhibitions because of that reason, but was like, literally.

[00:31:57] **Adam Popli:** [00:31:57] Yeah,

[00:31:58] **Solarkidd:** [00:31:58] I got more into like, um, the, the low brow and the, the new brow scene, like in the early two thousands, the late mid to mid two thousands, you know, where the people started mixing mediums from graffiti art and you know, that type of shit and actually showing it as what it's supposed to be true art and like presenting it in a high brow art fashion.

[00:32:22] So there's these galleries like in the States called Think Space and stuff like that I've been following. Um, and yeah, like you should add my friend on yesterday who was also an artist in South Africa and he was literally saying the same thing. Exactly the same thing. He's been through the same things in South Africa as well, and also being a person of color, experiencing the same stuff.

[00:32:43] **Adam Popli:** [00:32:43] Yeah.

[00:32:43] **Solarkidd:** [00:32:43] Yeah.

[00:32:46]**Adam Popli:** [00:32:46] I think that's the ball game that needs to change you know, because even I'm seeing, coming back to ANZ, I'm noticing actually all. The whole grime scene, as well as change like boys from boys from the hood are actually making it independent and not needing a record label to make it big. And I'm watching their music video. It's like where I grew up. I'm like, wait, Whoa,the whole scene is changing. Like you can be independent. And make it. You don't need these people who have all this money to make you feel like you're validated.

[00:33:17] **Solarkidd:** [00:33:17] I think that's a powerful thing about the internet. And the time that we're living in has been is, is having the ability to create, create your own niche now.

[00:33:25] **Adam Popli:** [00:33:25] Yeah.

[00:33:26] **Solarkidd:** [00:33:26] You know, if you can develop your and I think like any quality art will eventually get seen, I honestly believe that and like if you can create a decent enough following those people are going to come to you and then the bargaining tools will be on your side. Do you know what I mean? It's not like you going to them begging for a record deal or for, you know, whatever, like in, in, in your field, I'm not sure what it would be like, maybe a.

[00:33:50] **Adam Popli:** [00:33:50] We can collaborate with everyone, you know, that's the thing. Cause we could do music videos, we can design people's, you know, EP's, it depends what you, what your attributes are as an artist. Like it depends how you facilitate your skills. I guess. I think I'm lucky because I'm multifaceted. I can, I can use that to then kind of like find my way almost.

[00:34:15] **Solarkidd:** [00:34:15] Yeah. Most of us are multi-skilled these fsys, you know, I mean you have to wear so many hats, so, so. Opportunities are there, man. And I see even like within my circles and people, I know like yourself and Marv and Muti and you know, people like Shanti and those people, like people are doing it, man.

[00:34:31] Everyone is literally creating their own little groups and then we all get interlocked and intertwined. And when we need each other, we help each other. And it's, it's really a beautiful thing that's happening.

[00:34:43] **Adam Popli:** [00:34:43] It is it is yeah, it's just finding, it's finding that for yourself. I've also realized the thing with time is you have to be patient, you know? Cause I think sometimes I can be quite impatient. All of us.

[00:34:57] **Solarkidd:** [00:34:57] All of us, man.

[00:35:00] **Adam Popli:** [00:35:00] Yeah. And it's like, y'all step back. Just maybe go meditate for 20 minutes. Rethink. Come back. And come back fresh. But I think timing is a very, very special thing that you have to just, you have to respect.

[00:35:15] **Solarkidd:** [00:35:15] I think it's a culture of people like. You know? Oh, have you heard that track? Oh, you haven't heard it? Oh, that's so old. For me it's not like that. You know what I mean? I'm constantly discovering shit. That's been made 50 years ago. I'm like, yo, this is fucking dope. Or even two years ago, bands, like I just discovered this band recently you should check them out. Did I send you the link for crying Ben?

[00:35:38] **Adam Popli:** [00:35:38] No I don't think so.

[00:35:40] **Solarkidd:** [00:35:40] They like, they make kind of like thai infused Arabic Afghani punk shit, like, and they banned from Texas in the States and they are fucking so dope. Like I spent about a month, a few months ago, just listening to this band nonstop and they actually played at, um, did you ever come to marv's one of marv's open nights at, uh, you know, the opposite shanties place in

[00:36:06] yeah Grow,

[00:36:06] Yeah grow. They performed in that spot, man, like a few, like two years ago, I was like,

[00:36:14] **Adam Popli:** [00:36:14] Isn't it funny as well, because it shows you pockets of London that like this, it happens, but you have to tune into it, you know? And I'm like, I'm someone who's massive for me at the moment. I'm just continuously listening to Prince. Prince has given me so much at the moment, like so much at all of his words, just everything.

[00:36:36] And I'm actually going back more to that kind of style of music at the moment, because it's given me so much solace. Do you know, the old screen, the grades, just speaking things that, you know, we're looking at society now and it's like, wow, what you guys knew at that stage, we need to try and take this and use it and manifest there and help people realize it before it's too late.

[00:36:57] **Solarkidd:** [00:36:57] That's what I'm saying. You're talking about like 30 years ago, 40 years ago. I mean, I'm, I'm reading some shit like. From the 1800's, like the late 1800's. And I'm thinking, fuck, this shit still applies right now these motherfuckers are talking about this shit for time and time immemorial and over and over, like these same cycles of things happen.

[00:37:19] **Adam Popli:** [00:37:19] Yeah. Yeah. I mean, that is a really funny same cause I was on, um, I'm basically going to a festival called medicine festival. Um, it's newly curated and it is there's going to be shamans coming from indigenous tribes. Um, there's going to be like musicians, artists, and basically they're trying to manifest this medicine that we have in our brains and as humans to try and help move, you know, humanity into a new direction.

[00:37:49] **Solarkidd:** [00:37:49] When is that?

[00:37:49] **Adam Popli:** [00:37:49] So I was on a call for world indigenous day, which was, I think last week or the week before. And it was, I mean, I was on this zoom call with like tribesmen for the Masai tribes and tribes people from the Amazon rain forest. And I was just sitting there, like I used to watch this as a kid on the discovery channel and I am sitting and listening to these people's truth. And yeah, so medicine festival is next next week. So I'm currently in self isolation and just very deep healing before I go to this festival

[00:38:24] **Solarkidd:** [00:38:24] Where is it?

[00:38:26] **Adam Popli:** [00:38:26] actually in a private estate in Redding. Um, it's, I mean, it's super, it's super amazing that they're able to do it during covid as well, but you know this is what we need at the moment.

[00:38:37] I think it's like, That's going to be, you know, doctors from high-end universities, from America coming, um, you know, there's a guy that guy Bruce had done that, that channel and discovery. Um, he'd done a show of like going into the wilderness and he's going to be there. So that's just amazing, beautiful to connect with and help me learn how I can bring in, you know, my own spirit and what I can do to help as well.

[00:39:02] **Solarkidd:** [00:39:02] That's going to be awesome.

[00:39:04] **Adam Popli:** [00:39:04] Yeah, man. It's such a blessing.

[00:39:08] **Solarkidd:** [00:39:08] Yeah. I was going to ask you what spirituality means to you buy you've kind of, um, put it in, in a nice way anyway.

[00:39:15] **Adam Popli:** [00:39:15] It's hard, you know? Cause I've been hearing actually, one thing I was think was really interesting that I was talking to a friend, not so long ago about this and I'm finding like the, like when someone approaches me and they're like, Oh my God, I'm so spiritual.

[00:39:32] No you not! of course you don't need to approach me. We don't have to preach about who you are, you know, you don't need to say: so I'm spiritual because I do this. You're talking out your ass. I'm sorry. It's offensive. If you're spiritual, you don't, you don't need to say it your, it comes across. People can feel that energy. You can feel that. Like it's it's I don't get, I don't get this. It's a commoditizing of spirituality

[00:40:08] **Solarkidd:** [00:40:08] kind of always like I've kind of always had not always, but I have that same perception because I find, especially when I go to certain places or, you know, like Grow and those places, you know, people wearing certain things and, you know, specific outfits and whatever.

[00:40:26] and I mean, I don't always, I mean, I dress the way I feel, you know what I mean? Like sometimes I'll even be like quite smart, you know what I mean? Or whatever, but I don't feel like I should be defined by our dress. You know, like if I'm spiritual, I'm fucking spiritual, you know, I don't need to wear a dashiki and, you know, have like, whatever, like.

[00:40:50] Beads and whatever. I mean, if that's what you do, that's cool. But like you say, man, you don't need to, because then it starts bordering on, like you say, the commoditized version of religions. And I've always like, they're like it my first experiences with, with the, I grew up quite religious and stuff in christianity and that. And that was, that was one of the first things that kind of pushed me away is like this whole, you wrong, you going to hell this, that blah, blah, blah.

[00:41:18] You have to do this, this, this, this, this. And I've made peace with it now. I mean, I've made peace with Jesus, Buddha, Allah, everybody like, and I kind of, I love the religious texts and the information in there, and I still read a lot of them all the time, but that whole thing about you have to conform to this way of being,

[00:41:35] and especially because it's so fuckingfragmented, there's so many different sex and there's always one dude in the head of this fucking church or whatever group that. He's leading all of these other fuckers and telling them about spiritual awakening. When that's his, I have mine, you have yours, everybody will have their own, you know, and it's up to us to look at these spiritual teachers and learn from them, you know, and find your own awakening.

[00:41:59] **Adam Popli:** [00:41:59] I mean, don't get me wrong. We're both still on that journey, you know, like, and sometimes I think it's like I can slip up, but I check myself when it happens. And I think. What you were saying even about the style and what you wear, you can, you can really feel like I can see it like intently. When I look at someone and they have that fashion and if they are wearing spiritual things, I can tell when they're authentic and feel it immediately.

[00:42:27] And if somebody is wearing something, you look at them and you're like, wow, like I've been doing it recently. Just looking at some people. And I'm like Wait, where have you been,

[00:42:37] all of this time and like how the universe allow us to connect in one way, shape or form? Like,

[00:42:43] **Solarkidd:** [00:42:43] yeah, like I said, like people like, um, have you ever seen this couple called the Ascension seed? So it's like a husband and wife. I don't need to actually married, but they like look very hippy and stuff like that, but like, you get such a, well, I get such a warm feeling.

[00:43:00] **Adam Popli:** [00:43:00] I think they followed

[00:43:01] **Solarkidd:** [00:43:01] me

[00:43:02] possibly I've been following them on Instagram and I met them as well. I've seen them at Grow and like Marv knows them and Muti knows them. and stuff like that. When I see the two of them together, like they have such a beautiful love and their child. And like when they say things and do things, I just, it resonates with me. You're know what I mean, I feel like pure love and purpose in what they're actually saying and what they're doing, you know what I mean? Yeah, I completely get what you're saying about that one sometimes

[00:43:31] **Adam Popli:** [00:43:31] as well, like I'm going to go to medicine festival, but I know after medicine festival, I have to go back home to the motherland. Like I need to go to Katmandu and I need to, I need to spend some quality time there, but again, going back to time, it will happen at the right time. yeah, man, it's just, I don't know. I think it's time to wherever your culture is. Go back and relearn and things will connect while you're there. But I think with me going into medicine, I'm waiting for the, the right time that the universe will then bless me to then go...

[00:44:08] **Solarkidd:** [00:44:08] Yeah, same. I think for me, I'm starting with this podcast. I'm connecting with like so many people from back home and like, I cut myself off. I was off Facebook for years, you know, didn't really connect with anyone from my past and stuff. And partly because. Not that I hated myself, but like, I just, I didn't want to, I just wanted to leave that part of myself behind. I didn't want to be that person anymore. I wanted to come to London and be, you know, like, like say you coming out for me, that was my coming out. You know what I mean? Like just being able to express myself in any way I want to, and not conform to certain things.

[00:44:43] And, and then also looking back, like I realized like a lot of the things may have just been in my own head as well. Like you kind of hold up these perceptions that you have about people and how they think, how you think they think about you and stuff.

[00:44:55] **Adam Popli:** [00:44:55] Oh yeah, yeah, yeah, yeah, yeah, yeah.

[00:44:58] **Solarkidd:** [00:44:58] And I'm, yeah. Age is obviously helped and mellowed out and show me things. And now I feel I'm a bit more at peace with myself in order to kind of address those things and really move forward, like in terms of spiritually and with my music and my career and my art.

[00:45:12] **Adam Popli:** [00:45:12] And it's funny, actually, you mentioned kind of the social media side, cause I've been really like. To'ing and fro'ing with social media. But I know at the moment I've, I have to, when the time tells me to stop being on social media, I have to take a break

[00:45:25] **Solarkidd:** [00:45:25] Take a break, yeah.

[00:45:26] **Adam Popli:** [00:45:26] Yeah. You know, and cause you're actually, your it's like moving into kind of away from the industrial age. And now moving into the information age, we're bombarded with information, you know, and actually sometimes you have to, for your soul to just be like, I'm not enough. I need some time out. I don't like, and you can dip in and dip out and that's not a bad thing.

[00:45:48] **Solarkidd:** [00:45:48] Yeah. I did that for the first four months of lockdown. Like I left my phone in the other room at night, you know, I wouldn't, I wouldn't use it or wake up meditate, that kind of stuff. But then in the last two months, cause I'm studying again.

[00:46:02] Okay. Whatever, I'm just kind of back in this whole busy, but I mean, it's cool. I know that it's for a time and I need to do it and obviously. Building a social media presence and building this podcast and working on my production company and working with people and stuff like that. So I need to kind of dip in and out all the time, but there are times where I feel like.

[00:46:24] Shit, man. I just been spending ages on this phone. Like my fingers are going weird and like, my brain is like fucking

[00:46:31] **Adam Popli:** [00:46:31] And your eyes are going cross eyed you're like what

[00:46:34] **Solarkidd:** [00:46:34] then even when I put down the phone, then I go on the TV and then I put on YouTube and then I start watching stupid things like Dave Chappelle or like just going into YouTube wormhole, like, you know what I mean? Like football shit.

[00:46:47] **Adam Popli:** [00:46:47] Yeah. That's one thing I've been doing is consciously not. Not watching too much TV. That's actually been one thing I really, really like, like had to do just, just take time and anything I do watch it's usually either animals or educational bays, so it's, it's teaching me something and it's helping me something. Or. I'm listening to mantras from, you know, my peoples tribes and that like learning, learning the old words and the old way actually heal your spirit. You know?

[00:47:19] I see

[00:47:19] **Solarkidd:** [00:47:19] you've got the Uhm

[00:47:22] **Adam Popli:** [00:47:22] yeah, yeah, yeah,

[00:47:22] yeah. And the (indistinct) as well.

[00:47:25] **Solarkidd:** [00:47:25] Nice. Did you ever look at, did I send you anything on my guru. sadhguru

[00:47:34] **Adam Popli:** [00:47:34] Yeah. So it's funny you send me and because. My brother was telling me about him and I need to look more into it because my brother didn't connect with him, but I need to have a look at him to see if I can connect with him or not.

[00:47:47] **Solarkidd:** [00:47:47] He he's one of those people, or some people connect and some people don't. But I really, because, I mean, I've also kind of delved a lot into the Eastern mysticism and philosophy. I've kind of always been dipping in and out for a long time, but especially I've had more time in the lockdown. And I mean, just before, like from last year I read the Mahabharata.

[00:48:07] Which was fucking Epic. What a story. And then recently I read the Bhagavad Gita, autobiography of Yogi. Yeah, bro, man, these are some serious texts, you know, like these are some seriously eye opening and spiritually awakening, like texts that have been there. And have been around for like, talking about 6,000 years or some shit like that, bro. You know what I mean? There's just like some serious information. Yeah. That's that is there. And at our fingertips.

[00:48:39] **Adam Popli:** [00:48:39] Yeah. And I guess, you know, it's weird that I wear the Om symbol because om is like all about your breathing and if I'm home and like, you know, from a kid I have, my dad has always taught me about art. So it's just. And this was given to me by our family guru from Nepal's. So he'll usually comes back and gives us jewelry, just

[00:49:01] **Solarkidd:** [00:49:01] So do you know how om transcends. I mean, obviously other than just the sound of it and like the spiritual nature and the, you know, the sound of God like into other religions and stuff are all amen. Ameen, you know, I mean, it's like a basic initial sound for the name of God or for like the universal sound of God, basically, most religions.

[00:49:26] **Adam Popli:** [00:49:26] And it's funny, isn't it? I guess just how religion is like it's gone off in so many different tangents and like, I, I would never ever like slay any religion. If people find solace in their religion,

[00:49:40] **Solarkidd:** [00:49:40] then it's almost

[00:49:41] **Adam Popli:** [00:49:41] then its a beautiful thing for them. You know,

[00:49:43] **Solarkidd:** [00:49:43] just don't push it on me that's the only thing i ask find your spirituality whether it be Islam Christianity hinduism whatever it is. It doesn't matter. Really. It doesn't matter. It's whatever gets you doing and being a better person, to other people, you know?

[00:49:57] **Adam Popli:** [00:49:57] Yeah. Yeah. And that's, I guess the essence of it really, I think it's what you, I think it was always even going back to the sexuality thing and like there's always categories within categories within this category within this box and you're that box. And it's like, yeah, man,

[00:50:17] **Solarkidd:** [00:50:17] literally. And I feel like that awakening in each person is meant to be, this is what. All the great spiritual teachers spoke about Jesus. Buddha you know what i mean Mohammed I mean, the more I'm going to do it, but they've all basically mentioned. The same thing is that it comes from within you. So much misinterpretation gets sent out to the people because I mean, the middle ages, most people couldn't even read man yet. Fucking people are regurgitating information from this book. Like, I mean, to take it as the word, you know what I mean? Plus the fact that these texts and scriptures that have been translated, like from how many different languages,

[00:51:00] you know what I mean? The essence will be the same, but like it's easy to misinterpret the text and use it in different contexts for your own personal gain, depending on what your motive is. If you have one or you know.

[00:51:11] **Adam Popli:** [00:51:11] Yeah. Yeah. And I think it was funny actually, cause I was in, um, one of the conversations I was in with actually the Maasai tribe, but I'm talking to an, uh, I think a museum in Cambridge. Was it Cambridge or Oxford? One of the two. And they're actually asking for there belongings from their tribe to be given back.

[00:51:34] I was in this listening to this, this, talk about it and actually in the talk and listen. And I was just like, now this is moving basis, this is moving humanity in the right way. Nice fucking well done guys. What are they storing these objects in the wrong way? They haven't even talked about them in the right way. And you know, these tribes, people went there and they looked at their belongings and they were like, that belongs to my neighbor and this belongs, and this has caused this rift in this family.

[00:52:06] And it's like, do you actually realize what colonization has done to these people? You have actually destroyed their history. And I had to turn it off I turned off the the camera cause I was just, I mean, even every day I've been, so emotional.

[00:52:20] **Solarkidd:** [00:52:20] It's that deep to realize that they, didn't know that that's why it's done, that they do know that divide and conquer they do know that stripping people of their history is going to create, and this is why Africa and all these places are the way they are, you know, literally

[00:52:37] **Adam Popli:** [00:52:37] fundamentally like it has to. No, actually not even has to it will change. Because the sprits of mother earth are Changing everything. Now, if you Google the natural disasters at the moment that are happenning its like how much more time do you need before you actually wake up, because mother is going to teach us a very hard lesson, otherwise.

[00:53:00] **Solarkidd:** [00:53:00] Well, just in closing, man, I don't want to go on for too long and take too much of your time. But are there Any last thoughts or anything that you want to leave with us before you go, I'm going to put like any links or anything that you want to share with the viewers in the description of the YouTube channels.

[00:53:15] **Adam Popli:** [00:53:15] I'm working on a new project at the moment. I'm still manifesting the project. Um, it's called London osmosis. Actually. You're going to be a part of, but I'm just doing the process at the moment. so its taken different Musicians artists, a branch of different creatives into one hub. Um, and I'd done, I'd done it in this project first in Asia and it was called Asian osmosis. So now I'm coming back and doing it in London. Um, and just connecting the dots with people who usually wouldn't be connected with, but not just keeping it in the white wall, our culture actually bringing culture together in one because cultures music, cultures food, cultures people. So, yeah, that's my new project at the moment. And you can see kind of my, art on my Instagram, you can put links to that. Yeah, it's just namaste to the people and send them my blessings.

[00:54:13] **Solarkidd:** [00:54:13] And then I'll get you back on. Like, well, I want to do is everyone I speak to is like maybe six, seven months, or whenever we get you back on and then we can get an update and see how things are going and stuff.

[00:54:24] **Adam Popli:** [00:54:24] Hopefully I'll be in another country eh

[00:54:28] **Solarkidd:** [00:54:28] Be nice though man, we can now, you know, now with the technology, doesn't matter where you are, bro.

[00:54:32] **Adam Popli:** [00:54:32] Yeah, I'll be, I'll be on the beach. Be like,

[00:54:36] **Solarkidd:** [00:54:36] Hey, like yo, is that green screen?

[00:54:49] Thank you so much for coming on today, man.

[00:54:52] thank you for doing something like this. this is sick.

[00:54:56] Blessings. People don't forget to like subscribe, you know, the deal, press the notification button. The Other Side of the Sun Podcast. Solarkidd signing out with my boy, Adam Popli. Adam Krishan Popli!

[00:55:10] **Adam Popli:** [00:55:10] Blessings

[00:55:11] **Solarkidd:** [00:55:11] Thank you so much.